

Black Belt Academy: Creating Winners since 1977*

Thank you for your interest in Black Belt Academy. To join, you should visit the dojo any weekday between 4:30 and 7:30 p.m. to get a free information kit, and enroll for a trial class of 3 lessons with no obligation to join. It is recommended you make an appointment for your first visit by calling 011 852951. Address, directions and additional information are given below:

Information about Black Belt Academy

Black Belt Academy's Core program is Wado-Karate & includes the finer points of Taekwondo & other martial Arts. 2-3 one hour class per week is taught in a safe and systematic way, designed for unfit beginners.

Our Main Goal is to create WINNERS, in everyday battles of life by transforming the average person into confident, healthy, positive, productive "warriors". We promote 3 simple rules:

1. Focus on YOUR self-improvement, daily
2. Strive for excellence in everything that YOU CHOOSE to do.
3. Take care of your: Physical, mental, & emotional SELF.

Benefits: CHILDREN benefit specially from enhanced self-esteem, discipline, & focus. Behavior & school performance improves. MALE ADULTS benefit most from regular exercise, reduced stress & fulfilling an innate need for challenging positive activities. LADIES benefit most from increased self-confidence & physical/mental strength, plus overall toning, improved posture, coordination & weight management.

CLASS TIMING

Saturday, Monday, Wednesday:

4: 20 to 5: 20 Children Only: Beginners-White Belts

5: 30 to 6: 30 Open class, Gold Belts to Brown Belts

6: 40 to 8: 00 Green/ Brown /Black Belts

Junior belts may leave at 7:40.

Sunday, Tuesday, Thursday:

4: 20 to 5: 20 Children Gold to Green Belts

Admission

5: 30 to 6: 30 Children & Adults: Beginners-White Belts

6: 40 to 7: 40 Children & Adults: Gold, to Purple Belts

Founder & Chief Instructor: Shihan Kazi M. Qais

5th Dan Black Belt U.S. Eastern Wado Karate Federation

2nd Dan Black Belt, World Taekwondo Federation

Branch Chief Instructor: Sensei Kazy M. Shahed

To Join/Find out more: Call or visit between 4-8 p.m. (Friday Closed)

Office: 01840-555577 (4:00 pm - 08:00 pm)

Sensei Kazy M. Shahed ☎ 01807-519762

Address: Nargis, House # 6 (1st Floor), Road # 113/A, Gulshan - 2, Dhaka 1212

Directions:

